



Covid-19 Class Procedures 19th July 2021

I am very excited to welcome you back AGAIN to classes and dance with you all. Please speak with me directly if you have any questions or concerns. I am so looking forward to seeing you all and let's enjoy ourselves once again.

MONDAY NIGHT

1. **TRACK AND TRACE...** There is still a QR code for you to self scan if you wish to but this is not compulsory anymore.
3. **PAYMENTS...** Kate is back on the door when you arrive – Please be kind and patient, Take a step back and don't tightly que to get in. You can pay by Cash, Card or Balance Transfer in advance. The new non-covid class times and prices are now started.
4. **HALL SETUP...** Hand sanitiser and cleaning wipes are still available (whilst stocks last) at the entrance. We encourage you to use these frequently, please feel free to use your own. I will no longer be displaying all Covid paperwork like before on the front desk. These are still in use and can be seen by request at any time.
5. **MASKS...** Face coverings are not recommended when exercising as sweat can make the mask wet which makes it difficult to breath and promotes the growth of microorganisms. You are no longer required to wear a mask like before however please do feel free to do what makes you comfortable. My recommendation is to wear one when you arrive and leave.
6. **SOCIAL DISTANCING...** Everyone will be feeling very different when we return. There will be many who will want to embrace missed friends with tight hugs and kisses and many who don't want you too close. Both totally understandable. To avoid any awkward embarrassment going into hug someone who may not be as comfortable there will be social distance stickers on the front desk to help your self to if you so wish. If you see someone wearing a sticker they love you very much but please no kisses and cuddles just yet.

Much love to you all

Chris

19/07/2021

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